

MARCH 12, 2017



SECOND SUNDAY OF LENT



GENESIS 12:1-4A

PSALM 33:4 -5, 18 -19, 20, 22

2 TIMOTHY 1:8B -10

MATTHEW 17:1 -9

REFLECTION

The disciples were led up to the height of a mountain. This small, select group of disciples went up the mountain with Jesus. Being a “high mountain” (Matthew 17:1), the climb must have taken some work. The trek speaks to how there must have been some effort on the part of the disciples as they followed Jesus; the path of discipleship is not necessarily a walk in the park. Throughout Sacred Scripture, we see mountains as places where people encounter the presence of God. Upon climbing this mountain, something amazing happened! A miracle transpired, and this time, Jesus was the one who experienced the miracle. His face and clothes visibly changed and his overall appearance was glorified. His disciples were present to witness this change and they heard the voice of God the Father instructing them to listen to Jesus. For the disciples, this experience helped them to be open to change. And the disciples needed to be open to change! They were initially scared when they heard the voice of God and they were certainly afraid after Jesus’ death. But in being open to change, they were open to growing in their lives of discipleship

ACTION

Every year on the Second Sunday of Lent, we hear of an account of Jesus’ Transfiguration. Relatively early in the Lenten season, we are afforded the opportunity to reflect upon our lives as Catholic Christians and examine where there may be areas for change. But change can be difficult! Spend some time this week pausing to examine your own life and see what areas are ripe for change. Take a shoebox and some slips of paper. On the paper, write words or short phrases referring to aspects of your life that you wish to change this Lent. Fold up these slips of paper and place them in the shoebox. Place the box in a prominent place in your room throughout Lent. At Easter, open the box and see what aspects of your life you have been able to change.

JOURNALING QUESTIONS

- Peter was eager to stay on the mountain and even offered to make three tents for Jesus, Moses, and Elijah. Why was it important that Jesus and his disciples went down the mountain?